

hübner

Original **Body Essential silicea™**



Europe's No.1
secret for
healthier
**skin,
hair &
nails**

ALSO
AVAILABLE:



Original
silicea™
One A Day Capsules
MAXIMUM STRENGTH
Colloidal Silica



Original
silicea™
PLUS Capsules
MINERAL FORMULA
A perfect balance

Dear Users. Please read the following instructions for use carefully, as they contain important information about what you should observe when using this product. If you have any questions, please contact your supplier or distributor.

Instructions for use:

Original Body Essential Silicea

Active ingredient: Silicon dioxide 28 mg/mL equiv. silicon 13.1 mg/mL

Composition

Each mL contains:

Silicon dioxide 28 mg
Purified water 972 mL
No Preservatives or Additives

Manufactured by:

ANTON HÜBNER GmbH & Co. KG, 79236 Ehrenkirchen, Germany

Imported by:

SILICEA Australia, 77 Station Street, MALVERN, VIC 3144

Fields of application

Internally as a silica supplement, for the maintenance of general well-being and maintenance in the condition of hair, skin and nails. Topically may assist in the symptomatic relief of mild to moderate acne, and in the relief of the effects of psoriasis on the skin. Helps soothe minor wounds. For topical application dispense small quantity into a separate clean container.

Interactions

- Which other medicines have an influence on the effect of Original Body Essential Silicea?

No interactions with other medicines are known.

Dosage instructions, nature and duration of the application

The following information applies to the extent that your health practitioner has not prescribed *Body Essential Silicea* for you differently. Please comply with the application directives, as otherwise *Body Essential Silicea* cannot act properly. Shake before use.

Oral application

As a dietary supplement to support skin, hair and nails & to maintain elasticity of the skin. Adults and children over 12 years of age take 1 tablespoon (15 mL by metric measure) daily diluted in water or juice preferably between meals.

Topical application

To assist in the symptomatic relief of mild to moderate acne - Dab onto the effected area. For oily skin *Body Essential Silicea* can be used also as a face mask. *Body Essential Silicea* may also assist in the relief of the effects of psoriasis on the skin and to help soothe minor wounds. Apply *Body Essential Silicea* and allow to soak in for 5 – 10 minutes. The skin tension which occurs is normal and supports the effect. After that, wash off with water.

To soothe the skin after sun exposure, initially treat area with cold water. Then apply *Body Essential Silicea* as a compress diluted 1:4 with water and repeat frequently after drying.

If symptoms persist, consult your healthcare practitioner.

Side-effects

- Which side-effects can occur in the use of Original *Body Essential Silicea*?

No side effects are known with the use of this product.

- Which counter measures are to be taken in the event of suspected side-effects?

If you observe side-effects not stated on this sheet when using the product, stop taking the product and please consult your health practitioner or silica supplier.

Information and data on the keeping quality of the medicine

The use-by date of this product is printed on the package and on the bottle. Do not use this product after this date.

- How is Original *Body Essential Silicea* to be kept?

Original *Body Essential Silicea* is to be kept cool – Store at 2-8°C (refrigerate once the bottle has been opened with cap tightly closed). Shake well before using. After use, close the bottle straight away, and use content within 4-5 weeks. Expiry date = unopened.





Silicon is important to the human body

Silicon contained in silica helps give strength and support to connective tissue, tendons, ligaments, skin, hair and nails. Adequate silicon intake may be important for bone health. *Body Essential Silicea* is a dietary colloidal preparation of natural silica in which microscopic particles of silica are so finely dispersed in water that a gel is formed. This makes *Body Essential Silicea* easy to absorb. Preferably not to be taken with food.

Healthy hair, skin and nails

Body Essential Silicea assists in the maintenance in the condition of hair, skin and nails.

Application:

As a dietary supplement to support skin, hair and nails & to maintain elasticity of the skin. Adults and children over 12 years of age take 1 tablespoon (15 mL by metric measure) daily diluted in water or juice preferably between meals.

Supports connective tissue

Silicon is important for the production of collagen and for bones and connective tissues.

Application:

As a dietary supplement to support skin, hair and nails & to maintain elasticity of the skin. Adults and children over 12 years of age take 1 tablespoon (15 mL by metric measure) daily diluted in water or juice preferably between meals.

To build up bones

Adequate silicon intake may be important for bone health.

Application:

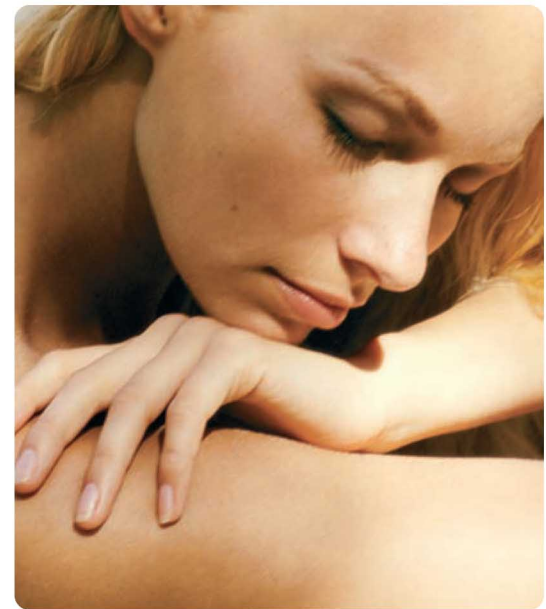
As a dietary supplement adults and children over 12 years of age take 1 tablespoon (15 mL by metric measure) daily diluted in water or juice preferably between meals.

Shaving

After shaving, *Body Essential Silicea* soothes the skin due to its cooling effect.

Application:

Apply thinly and allow to soak in for some minutes, then wash off.



Mild to moderate acne and psoriasis

Body Essential Silicea may assist in the symptomatic relief of mild to moderate acne. Dab onto the effected area. For oily skin *Body Essential Silicea* can also be used as a face mask. *Body Essential Silicea* may also assist in the relief of the effects of psoriasis on the skin.

Application:

Apply *Body Essential Silicea* and allow to soak in for 5 – 10 minutes. The skin tension which occurs is normal and supports the effect. After that, wash off with water.

Sun exposure

Body Essential Silicea soothes the skin after sun exposure due to its cooling effect.

Application:

To soothe the skin after sun exposure, initially treat area with cold water. Then apply *Body Essential Silicea* as a compress diluted 1:4 with water and repeat frequently after drying.

If symptoms persist, consult your healthcare practitioner!

Visit www.silicea.com.au